September 23, 2010

U.S. Army Garrisons Vicenza & Livorno

www.USAG.Vicenza.Army.Mil

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VHS girls' volleyball team rocks the court

NO DRIVE SUNDAY

Vicenza takes part in the Mobility European Week with a "no-driving" day in its downtown area Sunday from 10 a.m.-6 p.m. Restricted driving are in effect for the San Pio X, San Francesco, Laghetto, Villaggio del Sole and San Lazzaro districts.

Shaking things up! **Annual force protection exercise gives** officials realistic view of preparedness



Photo by Laura Kreider

SETAF Carabinieri take position during Wednesday's Lion Shake, the installation's annual force protection exercise. The Carabinieri were joined by several on and off-post emergency service personnel, garrison and local officials when a mock disgruntled American employee took students hostage at Vicenza High School. The active shooter scenario tested the U.S. and Italian authorities' response to a crisis situation.

By ADRIANE FOSS

Outlook Editor

Italian and U.S. authorities and emergency responders joined forces Wednesday morning to find out just how prepared they are to respond to an emergency situation, such as an "active shooter" scenario during Lion Shake, Caserma Ederle's annual force protection

This year's "what-if" scenario involved a mock disgruntled American employee who was upset over a situation in the Vicenza American High School.

The disgruntled employee exploded a device and took hostages in the school before shooting school faculty and students over a disagreement about his child's school meal balance.

The scenario tested the response of onand off-post emergency services, health professionals, first responders and U.S. military and local Italian officials.

The goal of acting out different eventdriven scenarios each year is to help the units and agencies involved develop compatible standard operating procedures

See U.S., ITALIAN Page 3

Vicenza issue expands civilian sexual assault reporting options

Did you know?

vicenzamwr.com or call 634-8526.

By Maj. VALERIE HENDERSON the sexual assault.

USAREUR Public Affairs

On Sept. 15, the Vice Chief of Staff of the Army approved U.S. Army Europe's request to extend its pilot program allowing civilian beneficiaries of the military healthcare report for sexual assaults.

The inability of civilian beneficiaries to file restricted reports was an issue brought up during USAG Vicenza's

Army Family Action Plan conference last year and forwarded to the Department of the Army AFAP conference in January.

Restricted reporting allows victims to confidentially report the sexual assault and seek appropriate medical care and advocacy services without triggering a criminal investigation. Unrestricted reporting allows victims to seek appropriate care and services while immediately initiating an official investigation of

"It empowers the civilians and family members in our community who are victims of sexual assault. giving them the ability to choose the services they wish to receive and allowing them to heal on their own terms," said Caitlin Beauchamp, system the option to file a restricted USAG Vicenza Victim Advocate Coordinator.

Rosalind Dennis, USAREUR

Sexual Assault Prevention Local AFAP issues change Army and Response policy. If you have an idea for program change or would like to take part in manager, Vicenza's February conference, visit

"This is

about options," said Dennis. "Civilians should have the option to decide which type of report they'd like to file and know that their decision will be respected and they'll receive the care they need."

It's also about change.

"This shows how a quality-of-life issue brought up at a garrison level can bring about changes in the Army," said Jean Sweeton, USAG Vicenza's AFAP Program Manager. "We now

See VICENZA AFAP Page 3



Photo by Laura Kreider

Symbol of health

A symbol of healing now graces the entrance of the new U.S. Army Health Center Vicenza, slated to open Monday morning. The approximately 10-foot statue of Asclepius, the god of medicine and healing in ancient Greek mythology, was donated by the USAG Vicenza Retiree Association and will blend in with the facility's decor of fresco-lined walls and inner courtyard populated by olive trees and statues. SEE PAGE 2 FOR FULL STORY.

Garrison news

Commentary: It takes strength to ask for help

Watching Soldiers carry the coffin of a warrior who has been killed in action is a tough story to cover.

Seeing a uniformed brother struggle to maintain his professional composure as he renders a salute, then follows the coffin to its destination, makes my throat tighten with emotion. Hearing the sobs of a bereaved mother starts the tears down my own face.

It's a fairly predictable sequence of events, but the predictability doesn't make it any easier to observe. The grief that comes with burying a child is absolutely unimagineable for me, a mother of three.

But I suspect that at some point, the bereaved will feel a sense of pride.

Pride that the Soldier gave his life for a worthwhile cause -- he died honorably, making a sacrifice that would make a difference for others.

Unfortunately, there is another kind of death that offers no pride to balance out the grief in the ultimate scale of justice: Suicide.

It's a word we're hearing more and more in the armed forces.

l've interviewed several people whose loved ones ended their own lives. Circumstances surrounding the deaths and the victims vary widely, but there is a common thread among those left behind. They all said they would never be able to "recover" from the grief; they would never stop asking why...

Unfortunately, there are statistics to prove it's happening more often among all the uniformed services.

Suicide speaks of painful burdens borne by those who've ended their own lives and perhaps even more pain for those loved ones who will ask themselves "why" every day for the rest of their lives.

They'll ask, "What could I have done?" or "Why didn't I see the signs?" "Why was I so afraid to say something?" or "Why didn't I listen longer?" "Why didn't I take them seriously?" "Why did I rely on an impersonal professional who didn't know my kid like I did?"

The stream of guilt-laden questions will continue to flow -- sometimes in a

torrent, other times barely a trickle -- but never dry up.

I've interviewed several people whose loved ones have ended their own lives. The circumstances surrounding the deaths and the victims vary widely, but there is a common thread among those left behind.

They all said they would never be able to "recover" from the grief; they would never stop asking why, and they would never forget their child, sister, or brother.

They all felt they could have and would have done more if they had only understood the gravity of the symptoms being displayed. They each said they should have schooled themselves to recognize the signs of

depression and suicide.

As a parent observing their grief -even those who are now a decade away
from the awful day -- I swore an oath
that I will not make the mistake they
made. I will learn and I will listen so I
never have to own the kind of grief and
guilt they share.

I have never marched onto a battlefield or held a weapon in combat, but I'm convinced that the toughest wars are waged in our minds.

The strength it takes to reach out for help is a different kind of courage, but it's still courage.

Please don't cast your loved ones into that heart-wrenching tide of grief. Tell someone -- your battle buddy, your platoon sergeant, or yes, maybe even your mom -- but talk to someone if you're in trouble.

Don't wait until depression pulls you under.

You think you're Army strong? Prove it!

Get help!

Maureen Rose is the associate editor of the Turret newspaper at Fort Knox, Ky.

Local retirees donate Asclepius statue to new health center

By ADRIANE FOSS

Outlook Editor

The Vicenza Retiree Association has donated and placed a statue of Asclepius, the god of medicine and healing in ancient Greek mythology, outside the new Vicenza Health Center Thursday.

The statue stands outside the center's main entrance and holds the rod of Asclepius, the dominant symbol for health care professionals and associations in the United States.

"We are absolutely thrilled with this donation for our facility," said the center commander, Col. Kimberly Armstrong. "Because of its common association with the medical field, and the fact that we

are using statues as part of our design package, we thought it was the perfect piece to place in the front of our beautiful new building."

Armstrong said the Asclepius statue is a significant part of a "beautiful and healing environment for our beneficiaries, a place where they can admire frescos, wander through the olive trees and statues in the inner courtyard, all while receiving the best our health care system has to offer."

She said the statue also represents the center's close association with service members past, present, and future.

"The retiree association is an important part of our community and this donation represents the significant role they continue to play in our proud military history," said Armstrong.

"I applaud and thank all retirees for their contributions in making this happen," said Ron Reynolds, the statue project coordinator and secretary for the retiree association's council. "Retirees are still serving and members of a great military community in Vicenza."

Approximately 550 U.S. Army retirees reside within the northern region of Italy. More than 1,000 retirees from all military branches, from privates to the rank of general, call the area home.

The Vicenza's Retiree Appreciation Day is set for Oct. 28 at the Luna Bubble. Visit http://www.usag.vicenza.army.mil/sites/community/retiree_service.asp



Photo by Laura Kreider
Asclepius, donated by local retirees, stands guard outside the health center.

Speak Out

What is your favorite fall activity?



Noemi Carrascosa Family member

"I love dancing and I enjoy the **Sagre**, local fests, that go on throughout November where they have music with bands."

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Spc. Joshua Ebert Vicenza Health Center

"Hiking and mountain



Capt. Aaron Eagan 14th MCB

"Going out and playing in a rainstorm."



Michael Hurd Auto Skills

"Camping trips with my son."



Keli Howard Family member

"Pumpkin picking, hay rides and fresh apple cider."

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Former female POW now leading advocate for resilience training

By C. TODD LOPEZ

Army News Service

Personal resilience and her conviction the Army would rescue her is what helped a former prisoner of war make it through the ordeal of captivity nearly two decades ago.

Brig. Gen. Rhonda Cornum, who visited USAG Vicenza May 26 to talk with the installation's Comprehensive Soldier / Community Fitness council members, is the director of Comprehensive Soldier Fitness. Cornum was captured by Iraqi soldiers in February 1991 when the Black Hawk helicopter she served on as flight surgeon was downed during a search mission.

"I approached that like other problems -- that I will make it as good as I can make it," she said. "Instead of just catastrophizing about that I had several broken bones ... I was grateful my fingers were still moving and still attached. I started to learn some of the language. I didn't know how long I was going to be there."

The then-major had been captured with crash survivors Sgt. Troy Dunlap and Staff Sgt. Daniel Stamaris. She said during the entire time of their eight-day captivity, she maintained confidence in the U.S. military's dedication to its own.

"I had gut confidence -- spiritual strength for me was important -- knowing that the Army was going to come get me," she said. "My new mission was to keep myself and the guys I was shot down with alive until they did. So confidence in something bigger than yourself is really part of what we think is important."

Only during her initial capture, when the vehicle her captors transported her in came under a strafing attack, or when she was led to believe she'd be executed, did she doubt she'd make it out of the situation alive.

"It's very difficult to think of something positive when somebody's got a handgun to the back of your head," she said. "The only positive thing I came up with at the time is, well, at least it won't hurt. And the gun went click and I'm not dead, so, I was grateful for that and went off to jail."

It will be 20 years ago in February that Cornum was captured, and while some might think the event would still be fresh in the general's memory -- that it seems like yesterday -- she says that's not the case at all.

"It hasn't felt like it was yesterday since 1991," she said. "It's an interesting thing. I think for some people, that's the last thing they ever saw of me. And I just kind of went back to work and did surgery. So for many people, when they look at me, it was like it was just yesterday, because they haven't seen anything that happened in the between time. For myself, that's not true."

In the last 20 years, Cornum's gone from major to general officer, attended Air Command Staff College, served a five-year urology residency, served as commander of two Army hospitals, as surgeon for U.S. Army Forces Command, and attended the National War College.

Today, she acts as director of the Army's Comprehensive Soldier Fitness program. The program has been fielded for over a year now, and Cornum said while most Soldiers have probably heard of it, they are probably not completely aware of what it is about.

"It's a program for increasing psychological fitness and strength," she said. "It's modeled after the way we do physical training, so there's an assessment, there's reassessment as you move along, there's individual training.

"It's the ability to bounce back after adverse events," Cornum said. "If you are a resilient person, you are more likely to be able to take advantage of opportunities because you know already that even if you are not successful the first time, you will bounce back and you will be able to be successful the next time."

Resilience, and other skills taught in CSF's master resilience training, helped Cornum get through her ordeal in Iraq.

"I was convinced that how you go into a situation is really going to determine how you come out of it," she said. "I was very fortunate that I had those thinking skills and that strength before I went in."

Vicenza AFAP conference set Feb. 8-10

continued from Page 1

benefit once available only to active duty Soldiers being extended to include all ID cardholders. It shows that commanders care and do listen."

In January, Gen. Carter F. Ham, USAREUR commander, gained approval for an exception to current Department of Defense policy that prevents non-service members who report sexual assault through military channels from filing a restricted report.

That approval resulted in a six-month pilot program that ran March 1 through Aug. 31. The new approval allows USAREUR to reinstate its pilot program immediately with an end date of Feb. 28, 2011.

Sweeton said seeing a local issue change Army policy should encourage everyone "who sees something they think can be improved to submit an AFAP issue."

The FY 2011 Vicenza AFAP Conference will be held Feb. 8-10.

Community members can submit issues year-round or register to participate in the conference online at vicenzamwr. com, under ACS and AFAP, or call Sweeton at 634-8526.

Adriane Foss, USAG Vicenza Outlook editor, contributed to this article.

U.S., Italian first responders answer the call during high school shooter exercise

continued from Page 1

issues with communication and responsibility, and ensure the safety of all individuals on the installation, said DPTMS Director Larry Kilgore.

First responders from both countries got a full-on glimpse of the chaos that could ensue in the case of such an incident during the Wednesday morning scenario

"This was a great learning experience for everyone involved and only makes us all the more prepared for any events that could occur on our installation," said Kilgore.

Pick up the Sept. 30 Outlook for full photo coverage of Lion Shake 2010.

President's new video encourages troops, vet to claim 'stop loss' pay

The White House

The White House, Department of Defense and Department of Veterans Affairs jointly released a new web video Sept. 15 in which President Barack Obama encourages active-duty troops and veterans to apply for special retroactive stop-loss pay, if entitled.

Under legislation signed into law last year, service members may be eligible for \$500 per month in retroactive pay for each month their service was extended under "stop loss" between Sept. 11, 2001 and Sept. 30, 2009.

"As your commander in chief, I'm here to tell you that this is no gimmick or trick," Obama said in the video. "You worked hard. You earned this money. It doesn't matter whether you were active or Reserve, whether you're a veteran who experienced 'stop loss' or the survivor of a service member who did --if your service was extended, you're eligible."

Eligible troops should submit applications for retroactive pay to *defense.gov/stoploss* by Oct. 21.

Watch the president's full video at whitehouse.gov.

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At your service Rest & Recuperation Program



Ideia Sutton is the assistant manager of the U.S. Army Africa Rest and Recuperation (R&R) Program.

Sutton processes the paperwork that allows deployed Soldiers to go on R&R and performs other support duties in the day-to-day management and marketing of the program.

As a former Soldier and two-time Iraq war veteran, Sutton said she understands the importance of helping deployed service members go on R&R in a timely and efficient manner. She is married to Spc. Christopher Walton, 2-503rd, 173rd ABCT. They have one son, Christopher Jr.

Sutton is located in Bldg. 3 and can be reached Mon.-Fri. from 8 a.m. to 5 p.m. at 634-7823.

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Community Camera

A snapshot of events making news in and around the U.S. military community in Vicenza...

See for yourself: Luciano Poci, 509th Signal

Luciano Poci, 509th Signal Battalion, tests one of the waterproof binoculars in the displays by B&H Photo-Video, one of 25 vendors that participated in the annual Vicenza Military Community Technology Exposition at the Arena Sept. 15.

About 200 people, Soldiers, civilians and contractors, participated in the event.

Photos by Laura Kreider





Hispanic Heritage kickoff: Vicenza Deputy Garrison Commander Chuck Walls signs the 2010 Proclamation Letter kicking off the installation's Hispanic Heritage Month observance at the PX Food Court Friday. Upcoming Hispanic Heritage events include Salsa Night at the Arena Friday starting at 8 p.m., Family Movie Night at the Arena on Sunday from 2 to 4 p.m. and an Arroz Con Pollo Cook-Off Oct. 15 at 3:30 p.m. Register by Oct. 6 by e-mailing Irene.Hopkins@us.army.mil.



And they're off: The first group of runners hit the track in the 5K Donut Dash Saturday at the North 40 track. In a twist to usual runs, the participants ate multiple doughnuts in exchange for minutes being deducted from their run times.



Art a la Carte: Pamela Dykes (left) discusses watercolor techniques with an attendee during the "Art a la Carte" event at Soldiers' Theatre Sept. 17. Artists Dykes and Peggy Schadler, the installation's Family and MWR Marketing Chief, presented original artwork at the event, which also featured Michelle Willis playing classical and popular flute selecitons. Finger foods and desserts were prepared by "Arte in Tavolo by Rosanna and Eric," and a selection of Veneto wines were presented by Gian Paolo Stanzial of Cantina di Gambellara. "Art a la Carte is an evening dedicated to these art forms and allows you to view art, enjoy the music, sample the food and wine, while socializing with friends and meeting new people" said Jerry Brees, USAG Vicenza Soldiers' Theatre director.



EFMP Fun Run:

Family members braved the rain Saturday to participate in the Exceptional Family Member Program Fun Run, held in conjunction with the Donut Dash 5K Run. This was the program's third Fun Run.

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Power Hour preps future leaders

By THOMAS ADDERLEY Camp Darby CYSS

On Sept. 7 the Camp Darby Child Youth and School Services recognized the 2009-2010 school year "Power Hour" Points winners: William Quesenberry, Layton Barney and Natsuki Wittmer.

"Power Hour" is a highly successful homework assistance program, implemented by Camp Darby in conjunction with Boys & Girls Clubs of America, to help young people come to view homework as an opportunity to learn to work independently, complete projects on time and feel positive about their accomplishments.

"Top finisher William Quesenberry arrived mid-year, and due to his dedication to completion of his studies, tutoring others and a variety of learning activities in the center, was able to amass more points than those who were here the entire year," said Jennifer Kandell, Child Youth and School Services.

Layton Barney also had a shortened year. He returned to the United States prior to the end of the school year but managed to stay quite high on the chart, said Kandell.

"Natsuki Wittmer faced perhaps the tallest hurdle of them all—attending International School in Florence which

means that she, like her fellow ISF students, spends upwards of three hours on a bus commuting to and from school," explained Kandell. "Through dedication to finishing her own studies in the center and tutoring others she managed to amass a very high total of points."

In addition to homework help, these staff or volunteers offer age-appropriate activities to stimulate club members' interest in learning.

"We are grateful to Charity Projects Entertainment Fund/America Gives Back for enabling us to continue utilizing such a high-quality homework assistance program like Power Hour," said Kandell. "Successful homework completion is critical to everyday academic success. Many of our children are distracted by a myriad of more palatable alternatives.

"We try to make homework, and learning in general, a more exciting everyday activity," said Kandell. "We provide a safe, quiet area for our youth to complete their assignments with trained and motivated professionals ready to give assistance."

"On behalf of the Charity Projects Entertainment Fund/America Gives Back, we are very proud of our partnership with Boys & Girls Clubs of America," said Rick Scott, director, CPEF/AGB Board. "Through Power Hour, clubs can continue their support and commitment to helping children reach the true 'Power of their Potential'."

Students interested in participating in this year's program should inquire at the Camp Darby CYSS or call DSN 633-7629.



Natsuki Wittmer and William Quesenberry work on homework at the Camp Darby Youth Services as part of the Power Hour homework club. Both were recently recognized for their participation in the program.

Darby to host **Italy AWAG** Conference

By BETHY VALLEJO

Camp Darby AWAG Representative

For the first time ever, American Women's Activities Germany is partnering with Camp Darby to host the Italy AWAG Area Conference Oct. 23-25.

This conference is for spouses, military members and civilians. Local school counselors, administrators and FRG leaders are also welcome.

Presentation topics are geared toward training, strengthening and connecting members of the community.

Guest presenters will share their expertise during several sessions, focusing on a variety of topics, to include communication skills, parenting, volunteering, belly dancing, Italian cooking and travel tips.

The event will kick off with a wine tasting on the evening of Oct. 22. The conference is Oct. 23 from 8 a.m. to 4 p.m. followed by an optional dinner at a local restaurant. An organized Tuscany day trip will be offered Oct. 24 from 9 a.m.-3 p.m. Visit www.awagonline.org/ *Italy.html* to register.



Photo by Joyce Costello

Nicole McKenna, lead teacher, helps children learn their numbers and days of the week as part of the strong beginnings program.

Youth get strong beginnings

By CHIARA MATTIROLO

USAG Livorno Public Affairs

Camp Darby Child Development Center implemented the Strong Beginnings program to help prekindergarten children be successful upon entering school.

"The curriculum focuses on the social, emotional and physical development of children, and equips them with basic academic skills to enhance school readiness," said Linda Fornaciari, director, Child Development Center.

The program operates from 8:30-11:30 a.m. Monday to Friday and follows the DoDDS school calendar for holidays and vacation times.

Fornaciari explained that to attend, children must be 4 years old by Sept. 1 and be eligible to enter kindergarten the following fall.

"This class helps the children to get used to rhythms and routines which are similar to school situations," said Stephen Parker, Child Development Center assistant director.

Visit www.usag.livorno.army.mil

Your Feedback Needed

The Army is asking military community members to take an online Customer Service Assessment to rate the importance and performance of the garrison community services. Community members can take the survey at www.mymilitaryvoice.org.

The information will be used to determine what services are doing well and where we can improve based on your feedback as a customer.

Worldwide Day of Play

Plan on getting off the couch and come by SAS and the Youth Center, Bldg. 730, Saturday, 11 a.m.-3 p.m. for games, barbecue and fun. Call 633-7681.

Hot Salsa Nite

Come to Hot Salsa Nite Saturday for Salsa and Latin music complete with Latin dance demos. Tickets on sale now at the DCC. Call 633-7855.

Run to the Tower

Registration for Run to the Tower begins Monday.

Forms can be found online at the garrison home page. Registration closes Oct. 6 for the 12K fun run Oct. 8.

Unit Rec Basketball

Submit team rosters to the fitness center beginning Oct. 1. Call 633-7438.

Domestic Violence Training

All military and civilian employees must attend Domestic Violence Awareness training at the Post Theater Oct. 5 from 10 a.m.- noon. Call 633-7084.

Hispanic Food Tasting

Volunteers are needed to help cook and decorate for Hispanic food tasting night Oct. 15. Call 633-8660 to volunteer.

ITR Trips

Rome: Spend the day at your leisure. You'll be dropped off near the Vatican Museum Oct. 2. Call 633-7589.

Religious Activities

For details, call the chapel at 633-7267 (050-54-7267)

9:40 a.m.: Catholic Reconciliation

10 a.m.: Catholic Mass 11:15 a.m.: Protestant worship 10 a.m.: Protestant Sunday

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school 11:15 a.m.: Catholic CCD

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Not just full of hot air!

Community members can experience hot-air balloon rides Friday to Sunday in Ferrara's Bassani Park during the town's annual festival. Participants can choose from flights over the city, balloon ride in tethered balloon, flights by plane, tandem skydiving or enjoy balloon races, sports shows, music, and concerts. SEE BELOW for more information.

Courtesy photo



Local festivals & shows

Vicenza takes part in the Mobility European Week with a "no-driving" Sunday scheduled for September 26 from 10 a.m. to 6 p.m. Free shuttles buses. Downtown stores will be open all day Sunday. Other events include:

- Piazza Castello: environmental sustainability and awareness information stands, bicycles tips and workshops; free bicycle rentals.
- Piazza Dei Signori and Piazza Biade: agricultural and wine exhibition and market.
- Corso Fogazzaro and Corso San Lorenzo: old trades exhibit.
- Campo Marzo: sports stands and info.

Horse-Drawn Carriage Tours: Friday and Saturday from 8-11:30 p.m. in downtown Vicenza.

Enjoy this unique way of seeing the most beautiful sites in Vicenza.

The 20-minute tours depart from and return to Piazza Biade. The cost is €15 for up to 4 people at a time.

Hot Air Balloon Festival: Friday - Sunday, 7:30 a.m.-10 p.m., in Ferrara, Bassani Park, approximately 70 miles south of Vicenza.

Free entry.Balloon races, sports shows, music concerts, flights over the city and the Po Delta by balloon, plane or glider, entertainment and games for children, guided tours of the city, boat trips on the Po, food booths.

Flights over the city and the Po Delta by hot-air balloon: Monday – Friday, departing Bassani Park 7:30-9 a.m. & 4-7:30 p.m., 1 hour/flight for $\[\in \]$ 150, $\[\in \]$ 75 for kids 6-12; Saturday and Sunday rides are $\[\in \]$ 180, $\[\in \]$ 90 kids 6-12;

Hot air balloon tethered flights: daily from 8-11 a.m. & 4:30-8 p.m.; €5 and €3 for children under 13.

Flights by plane: daily from

9:30 a.m.-4:30 p.m., departing Ferrara flying club, max three people per 15-minute flight for $\[\epsilon \]$ 50, $\[\epsilon \]$ 25 for kids ages 2-11.

Flights by glider: Saturday-Sunday from 9:30 a.m.–4:30 p.m., departing Ferrara flying club; Oneperson flight for 25 minutes costs €80. No children allowed.

Tandem skydiving: daily 9:30 a.m.—4:30 p.m., departing Ferrara flying club; tandem takeoff and landing with expert instructor is €180 or €210 with aerial video.

Shuttles for the Ferrara flying club depart from Bassani Park.

Transhumance Festival: Saturday - Sunday in Bressanvido, Pagiusco Farm, Via Chiesa, approximately 10 miles northeast of Vicenza.

Transhumance is the seasonal movement of farmers with their livestock over relatively short distances, usually to higher pasture in summer, lower valleys in winter.

This year the Pagiusco Farm's herd departs from Marcesina Friday and, after an 80-kilometer route, arrives in Bressanvido Sunday around 5 p.m.

Arrival is celebrated by thousands of people with live music and majorettes.

- Saturday: 7 p.m. craft fair grand opening.
- Sunday: 9 a.m. onward, exhibition of vintage tractors and cowbells, horse-drawn carriage parade, live folk music.

Food booths open at 7 p.m. featuring spit-roast chicken, pig's shin, local cheeses and wines. Live music and dance at 9 p.m. Fee for concerts: by lottery 2 euro. Proceeds go to cancer research.

Baccalà (dried cod fish) Fest: Friday–Monday in Sandrigo, approximately nine miles north of Vicenza.

- Friday: 6-8 p.m. Happy hour; 7 p.m. food booths featuring gnocchi with dried cod fish, Vicentine cod fish with polenta and other local specialties, 9 p.m. live music.
 - Saturday: 6 p.m. food booths;

local products exhibit and sale; 6-8 p.m. Happy hour; 9 p.m. live music.

- Sunday: 11 a.m. food booths; local products exhibit and sale; 7 p.m. games and entertainment for children; 5-8 p.m. Happy hour; 9 p.m. live music and ballroom dancing.
- Monday: 7 p.m. food booths; 9 p.m. live music and ballroom dancing.

Grape and Wine Festival: Friday-Sunday in Gambellara, approximately 20 miles southwest of Vicenza. Live music, floats and free wine tasting.

- Friday: 7 p.m. food booths; Happy hour vineyard and spritz party with Patch DJ & Maxs. 9:30 p.m. live music and dancing with Yano DJ.
- Saturday: 7 p.m. food booths; 9 p.m. in Piazza Papa Giovanni XXIII live music and dance with the Ivo Benedetti Orchestra.
- ■Sunday: 9 a.m. bread flavor workshop for children; 10:30 p.m. grape exhibit; 2 p.m. agricultural and local craft market; vintage motorcycle exhibit; photo exhibition; 3:30 p.m. Gambellara musical band parade and floats; free wine, grapes and Brasadelo (a local dessert) for everyone; 8:30 p.m. live music and dancing with Magri e Lisoni Orchestra.

Duck Festival: Friday-Monday in Santa Maria di Camisano, Contrà Pieve, approximately 12 miles east of Vicenza. Food booths featuring duck and other local specialties open at 7 p.m. Live music and dances at 9 p.m.

Antique market: Sunday, Piazzola sul Brenta, Villa Contarini about 16 miles east of Vicenza. More than 700 vendors and food booths.

For more information about any of the listings, or to submit local community events to be published in Out & About, contact Anna Terracino of the USAG Vicenza Public Affairs Office at 634-7169 / CIV 0444-71-7169.

FREE concerts, exhibits & events

Bad Ideas Folk Punk UK + Lord Walkman Folk Punk: Thursday at 9:30 p.m. in Vicenza, Julien, Via Casabianca, 13.

Progressive rock music: Saturday, 10 p.m. in Villaverla, Birreria Timonchio, Via Roma 43, about 11 miles north of Vicenza.

Chano Libre in Concert – live acoustic guitar: Saturday at 9 p.m. in Polegge, Equobar, Via Marosticana, 350.

Argentine tango show and live music: Saturday at 9 p.m., in Torri di Quartesolo, Porto Rigon Villa, Via Roma.

Tango show: Sunday at 8:30 p.m. in Vicenza, Dance school; Contrà Motton Pusteria 15/17.

Explore the sky: Astronomical Observatory of Arcugnano, Tuesday, 9 p.m., Via S. Giustina, 127, about five miles south of Vicenza.

View the sky and the planets in great detail with the observatory's telescope.

Sporting events

Golden Skate Awards: Oct. 9 in Torino, Palavela.

Red Bull X-Fighters World Tour – International freestyle motocross: Oct. 1 in Rome, Stadio dei Mari.

Wrestling Raw World Tour: Nov. 13, Assago (Milan), Mediolanum Forum.

Visit *http://www.ticketone.it/ EN/* for information in English.

ODR trips

Explore the capital of **Slovenia**, Ljubljana, Oct 2.

Enjoy a **day of contemplation** and relaxation with multi-level yoga, meditation, breathing and walking sessions Oct 2.

Wine Down Wednesday heads to the prosecco road Oct 6.

Hike the **Pasubio** tunnels Oct 2.

Check out upcoming fall trips at *VicenzaMWR.com*. Register at MWR Online Services for classes and trips.

Concerts

Peter Gabriel: Sunday in Verona, Arena.

Brandon Flowers: Oct. 4 in Milan; Oct. 5 in Rome.

U-2: Oct. 8 in Rome, Stadio Olimpico.

Stereophonics: Oct. 11 in Milan.

Doobie Brothers: Oct. 14 in Milan, Alcatraz Club.

Carlos Santana: Oct. 19 in Assago, Milan, Mediolanum Forum.

Sting: Oct. 25 in Firenze; Nov. 2 in Milan, Teatro degli Arcimboldi; Nov. 3 in Torino, Palaolimpico; Nov. 10 in Rome, Auditorium Parco della Musica.

Buy tickets at Media World, Palladio Shopping Center or http://www.greenticket.it/index. html?imposta_lingua=ing or http://www.ticketone.it/EN/

Now Showing

Ederle Theater

	33334	
Thursday	Inception (PG-13)	6 p.m.
Friday	The Sorcerer's Apprentice (PG)	6 p.m.
	Predators (R)	9 p.m.
Sat.	The Sorcerer's Apprentice (PG)	3 p.m.
	The Town (R)	6 p.m.
Sun.	The Sorcerer's Apprentice (PG)	3 p.m.
	The Town (R)	6 p.m.
Wed.	Predators (R)	6 p.m.
Sept. 30	Predators (R)	6 p.m.
I		

Camp Darby Theater

Friday	Predators (R)	6 p.m.	
Saturday	Machete (R)	6 p.m.	
Sunday	The Sorcerer's Apprentice (PG)	1 p.m.	
Oct. 1	Resident Evil: Afterlife (R)	6 p.m.	

Admission: Age 12 and up \$4, under 12, \$2. The Ederle theater box office opens one hour prior to show.

View MOVIE TRAILERS and schedule online at http://www.aafes.com/ems/euro/vicenza.htm or http://www.aafes.com/ems/euro/livorno.htm.

Looking to buy or sell items? Check out MWR's Marketplace at www.mwrmarketplace.com

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Community briefs

CTC offerings

Earn an associate's degree or certificate in Early Childhood professions at Central Texas College. CTC is offering CDEC 1303 Families, School and Community starting Oct. 9 and CDEC 1356 Emergent Literacy for Early Childhood beginning Oct. 18

Also, the on-site schedule from October- December includes Criminal Justice, Applied Management/Military Science, EMT- B and Legal Assistant.

Contact a field rep at 634-6514 or *vicenza@europe.ctcd.edu*.

Signal classes set

The following courses, hosted by the 509th Signal Battalion and USAREUR, are available:

- Organizational Unit Administrator Training Oct. 4-5.
- VISTA and Office Upgrade Oct. 6-7
- DOD Information Assurance Certificate and Accreditation Process Oct. 12-14
- Social Networking Systems/ Sites Awareness Oct. 15
- Information Assurance Security Course Oct. 18-22
- DOD IA Certification 8570.1 (Network+) Oct. 25-29
- Project Management Tools and Concepts Nov. 1-5
- Phone Control Officer Nov. 12
- ITIL v3 Foundation Nov.
- 15-17 Office 2007 and SharePoint
- Integration Nov. 22-14

 DOD IA Certification

8570.1 (A+) Dec. 13-17
Training is free but individuals
must have an AE-ITT account and
complete the pre-requisites prior to

CPAC closure

start of class. Call 634-6077/5033.

The CHRA-E Vicenza CPAC will close at 9:45 a.m. for its annual organization day Friday. In case of emergency, call 335-570-0926.

Job openings

Serco Inc. is hiring for a Risk Reduction Program coordinator and Victim Advocate Coordinator at Vicenza. For complete job descriptions and application instructions, visit www.serco-na. com or call 634-6884.

USO seeks volunteers

Volunteer at the USO and help make it a home-away-from-home.

If you'd like to stop by and cook a batch of brownies, help plan and support a special event, or man a booth during reintegration, register at www.myarmyonesource.com.

Daily volunteers needed:

- Available, dependable at designated times for open/closing
- Help with cleaning and preparing food during food program days
 - Helping out as needed
 - Special events volunteers:
 Available for special events
 - Available for special events
 Set up/tear down of event
 - Cooking/cleaning for event

Booth for re-integration of returning Soldiers:

■ Available for re-integration period to man booth during the morning, serve beverages

- Distribute USO handouts
- Stock, keep booth area clean

New DFAC hours

The South of the Alps Dining Facility will return to full service, effective Oct. 1.

Join us for breakfast, lunch, and dinner on weekdays, and brunch and supper on weekends and federal holidays:

Mon.-Fri.:

Breakfast 7:30-9 a.m. Lunch 11:30 a.m.-1 p.m. Dinner 4:30-6 p.m. **Sat., Sun., Holidays:** Brunch 9:30 a.m.-1 p.m. Dinner 4:30-6 p.m.

SOTA barbecue

The South of the Alps Warrant Officer Chapter is having a barbecue Friday at lunchtime beside Bldg. 3 (across from the chapel). Donate money and enjoy hotdogs, hamburgers, steak sandwiches, potato salad, macaroni salad, baked beans, chips and drinks. Donations support local charities.

Clinic closed through Sunday for move

The U.S. Army Health Center Vicenza will be closed Thursday to Sunday, and will open in the new health center Monday at 7:30 a.m.

For medical emergencies, go directly to the nearest hospital or the San Bortolo Hospital Emergency Room. The San Bortolo Patient Liaison phone number is 0444-75-3300 or 0444-928166.

For an ambulance, call 118 off post or 99-118 from a DSN phone.

Speak with a registered nurse by calling 800-877-6660. Call 634-7952 / CIV 0444-71-7952, or e-mail *VZHCPatRep@amedd.army.mil* for more information.

Rat Wives tickets

Tickets for "Rat Wives" go on sale Monday at Soldiers' Theatre.

This hilarious adult comedy takes place in a backstage dressing room of four actresses. It contains adult language and situations not appropriate for children. Get your tickets early for the one-weekend performances at Vicenza: Oct. 1, 2 and 3.

AFN seeking 8-15 men for feedback on service

An American Forces Radio and Television Service panel is seeking eight to 15 adult men for feedback on AFN programming and concerns. E-mail *afnsops@afn.dma.mil* or call 634-8230/6027/8233 to reserve a spot by Oct. 21.

General elections

General elections take place Nov. 2. There will be a federal write-in ballot drive Tuesday from 10 a.m.-4 p.m. at the PX and Commissary. This is for people who are registered but have not received a ballot. Visit www.fvap. com to register to vote.

The Military Postal Service Agency has labels (Label 11) to expedite the absentee ballot. Track your ballot at www.usps.com.

Vicenza Homeschool Connection schedule

Vicenza Homeschool Connection September events are: Thursday: Field Trip Este Museum

Friday: Italian Enrichment Monday: Art Enrichment E-mail Vicenzahomeschool connection@yahoo.com.

Learn your Army

AFTB Level II is offered Sept. 28-30, 8:30 a.m. 2:30 p.m. Acquire knowledge on Army traditions, customs, and courtesies/protocol. Improve communication skills, personal relationships, and stress management skills. Discover how teams form/grow, how to solve problems and how to resolve

personal conflict. For more info contact ACS at 634-7500/7912.

Anger management

Through activities, ACS will identify anger triggers, how anger looks and feels and appropriate ways to manage it for children ages 13-18 Wednesday from 3:30-4:30 p.m. Call 634-7500/6202 for information.

Library book club

The book club will meet Oct. 7 at 7 p.m. to discuss *The Alchemist* by Paulo Coelho. Refreshments will be served. Bring something to share and a friend. Everyone is welcome. The book is available for check out. Ask at the library desk.

Couples date night

It's Date Night every Friday in October at the Arena. You and your date will enjoy an evening for \$12. Date night package includes four games, two pair of shoes, two hot dogs and cokes. Offer is valid from 5:30-8:30 p.m.

Saturday care

Saturday Care is Oct. 2 from 8 a.m.-4 p.m. Leave the kids in good hands and enjoy a few hours for you. Reservation can be made two weeks in advance. Call CDC Bldg. 395 at 634-7559 for reservations. Space is limited.

Community Calendar Highlights

Friday: Quarterly Awards Ceremony, Arena

Thursday - Sunday: Health Center Closed for Move

Monday: Health Center Opens in New Facility Wednesday: Info-X Oct. 4: Annual CFC Drive Begins

Religious activities

Chaplain Crisis Line To speak with a chaplain after hours, call 634-KARE

Sunday services

(634-5273).

8 a.m.: Sacrament of Reconciliation, or by appointment

9 a.m.: Roman Catholic Mass

(Daily Mass is held weekdays at noon)

9 a.m.: Protestant Sunday school and AWANAs (September-May at Vicenza High School)

10:45 a.m.: Catholic religious education (September-May at Vicenza High School)

11 a.m.: Protestant worship
1:30 p.m.: Full Gospel
Pentecostal worship

5 p.m.: Contemporary Christian service

Mondays

Noon: LDS scripture study

Tuesdays

9:15 a.m.: Protestant Women of the Chapel

Wednesdays

3 p.m.: Praise dance practice

3:30 p.m.: Middle School Club Beyond meets in VHS cafeteria September-May

5 p.m.: Contemporary Praise band practice

5:30 p.m.: PWOC Bible study. Dinner provided. No child care.

5:30 p.m.: High School Club Beyond meets at the Teen Center September-May. Call 340-139-4073 for information.

5:30 p.m.: Catholic choir practice

6:45 p.m.: Gospel choir practice

Thursdays

9:30 a.m.: Catholic Women of the Chapel

5:30 p.m.: Gospel service choir rehearsal

7:15 p.m.: Gospel service Bible study

Faith group contacts

Islamic: Call 634-7519 (0444-71-7519) for info Latter Day Saints: Call Chance Wilson at 327-869-8107. Sunday services, 9:30 a.m.-12:30 p.m. downtown. Scripture study held Mondays, noon-1 p.m. at chapel.

Call the Caserma Ederle chapel at 634-7519 (0444-71-7519) for more information on religious activities.

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Photo by Laura Kreider

A roaring success: The Garrison Lion receives the FluMist nasal spray from U.S. Army Health Center Vicenza Public Health Nurse Raymond Hernandez Saturday morning at the North 40. Almost 30 community members turned up to receive the free flu vaccinations. Hernandez said three community members over age 50 received the flu shot and 24 others, ages 3-49, received the nasal spray.

DON'T BE LATE: E-mail briefs to editor@eur.army.mil noon on Monday, or by 4 p.m Friday if Monday is a holiday.

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Returning players, summer training and skill combine to make this year's girls' volleyball team one to bet on. Coach Chance Wilson said a **DoDDS-E** championship is in sight if the team stays motivated and maintains their current high performance level.

Photo by Rovena Valek

Girls' volleyball on winning high

By ADRIANE FOSS

Outlook Editor

After Saturday's triple win against Aviano, Florence and Milan, the Vicenza High School's girls' volleyball team is riding a wave of confidence.

"After some first-game jitters, the girls really came together and played well," said Coach Chance Wilson. "As a team we demonstrated some higher level skills that are encouraging to see so early in the season."

Wilson said every team member left the weekend jamboree "knowing that we were the best team there.

"I really didn't even worry about scores. I was too busy looking for different skills and observing how our players handled different situations," said Wilson.

This year's team appears strong due to summer reinforcement.

"Nine of our players attend(ed) a volleyball camp in Aviano this summer," he said. "Four of them also attended an additional camp in Vilseck just prior to the season's start."

Many players also participated in the installation's EDGE! program.

To top off the extra training, the team also boasts several returning starters and seasoned players from last year.

The team captains are high school seniors Milan Juliano and Erika Valek, aided by returning senior and team setter Megan Newbell-Wright.

"We also have strong contributors from our juniors in Alessia Catena, Danielle Ellis, Sella Pauling, Tracie Robinson, Tess Segura and Brandy Somera," said Wilson.

He said the team will continue to depend on contributions from standout freshmen Alex Frank, Tia Juliano, Natalie Lovelace and Lorena Somera.

Despite the high turnover rate in the DoDDS system, Wilson said skill is on their side, and the future looks bright.

"We've all come into this season with very high expectations," he said. "We expect Aviano and Naples to be among our toughest competition in Italy," said Wilson, "but our goals are centered around the teams that we won't see during the regular season. We have to believe that there is always some team out there better than us in order to stay motivated to continually improve throughout the season."

This, he said, may be their biggest challenge.

If the team can stay motivated and keep their confidence in check, Wilson said a DoDDS-E championship may be in sight. He also said that while volleyball never gets the bright-lights attention that football gets, he's hoping parents and community members will attend games to support a winning team.

Game Schedule

Saturday-Home against Aviano Oct. 2-Home against Milan/AOSR

Oct. 9-at Naples (SAT)

Oct. 16-Home against Sigonella

Oct. 23-at Florence Oct. 30-Home against Aviano

Nov. 4-6:-European Championship

Local players aid in Latino Team tourney win, Estepa named MVP

By TOM HLAVACEK

Special to the Outlook

Seven USAG Vicenza soccer players were selected for the upcoming Soccer Olympic Development program.

The U.S. Soccer Federation ODP is a structured program that identifies players in Europe for higher level programs to play on European All-Star teams, professional training and to try out for youth national teams.

Selected players are:

John Camuso Attacker Mid Fielder **Taylor Curry** Alexandra Frank Mid Fielder Alex Guerra Goalie Kan Miller Goalie **Defense Shawn Goodwin** Ronaldo Revter **Attacker**

For more information, contact Tom Hlavacek at 335-818-6927

Vicenza runners net

Staff report

Vicenza runners garnered 10 medals in the 4th annual half marathon (13.1 mile), 5K and 10K races hosted Sunday at Aviano Air Base. Thirteen of the 168 runners were from Vicenza. Ten Miler Coach Kara Huseyin had the fastest time, breaking the tape at 1:49.01. Kara has won in his age division three of the past four years. Sky Clarke placed second on Sunday, and 11-year-old John Casey was the youngest runner and 5K winner.

success at Aviano

SOLDIERS & CIVILIANS COMMUNITY UNIT/REC OPEN PLAY SPORTS

Recreational Softball Stats and Results:

Win Team Loss **USARAF** 3 704 MUNSS 7 7 HHC USAG-V 6 AFN/DODDS 5 STICKS & SKULLS 2

Sept. 7 AFN/DODDS (14) vs. HHC USAG-V (12) STICKS & SKULLS (6) vs. AFN/DODDS (16) USARAF (14) vs. STICKS & SKULLS (10) Sept. 15 HHC USAG V (12) vs. USARAF (7)

AFN/DODDS (4) vs. USARAF (14)

Flag Football Stats and Results: Win Loss Team HHC USAG-V/509th 6 1 **USARAF** 4 3 Health Clinic 4 3 7 14th Trans. 0 Sept. 9

14th Trans. (6) vs. HHC/509th (25) USARAF (25) vs. Health Clinic (0)

Sharks swim-a-thon to aid home swim meets

The Vicenza Mako Sharks will conduct a swim-a-thon Sept. 30 at the indoor pool. All money raised will be used to help fund their two home swim meets. If you are interested in assisting or pledging, contact any swimmer, coach or board member. For information, call 0444-912-612.

Aquatics programs

The Master Swim Program will meet three times a week (Tuesday and Thursday at 5:30 p.m. and Saturday at 8:30 a.m.).

Swimmers will work on stroke techniques and be introduced to a training program.

Prerequisites include: proficiency in freestyle, backstroke and breaststroke.

Adult Intermediate Lessons are for the swimmer who can swim the length of the pool and wants to learn more.

Students will learn basic techniques in freestyle, backstroke and breaststroke. Class meets eight times for 45 minutes on Tuesday and Thursday evenings, 5:45-6:30 p.m.

Beginner Swim Lessons are ideal for the person who wants to learn to swim. Class meets eight times for 25 minutes at 1:30 p.m. Wednesday and Friday for Session 1 and 5:45 p.m. Wednesday and Friday for Session 2.

Guard Start is a youth program that provides a foundation of aquatic and leadership knowledge, attitudes and water safety skills for future successful completion of the American Red Cross lifeguard course. Meets three consecutive Saturdays at 8:30 a.m.

For more information, call 634-6536. Tell the Sports, Fitness and Aquatics staff what classes you'd like to take. Visit http:// www.vicenzamwr.com/sports. html to take the survey.

EDGE! program open for grades 6-12

There is something for everyone in the fall lineup of the EDGE! Program. Activities are for youth in grades 6-12.

During the Fall into Fitness program, guided by a professional fitness trainer, youth will work to improve core strength and fitness goals every Monday, Wednesday and Friday at 3:15-4:45 p.m. at the fitness center beginning Friday.

Other workshops include: Skateboard Assembly & Painting, Basic Automotive Skills, Teen Magazine Design and Mural Painting. Call 634-7219.

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